# Holiness is a Discipline

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# Matthew 5:48 -  “Be perfect, therefore, as your heavenly Father is perfect”

* Many believers desire holiness but lack the discipline that makes holiness visible in their lifestyle.

### ****Point 1: Holiness is God’s Call****

### ****One-liner:**** “Holiness is not an event, it is a lifestyle of obedience.”

### 1 Peter 1:16 – “Be holy, because I am holy.”

* Holiness is not optional; it is the believer’s calling.
* Discipline is what makes us consistent in responding to that call.
* Illustration: A soldier doesn’t decide during battle if he will train. He disciplines himself before the fight.

### ****Point 2: Holiness is a Discipline that Equips Us****

### ****One-liner:**** “Discipline is not punishment; it is preparation.”

### 2 Timothy 3:16–17 – “All Scripture is God-breathed… so that the servant of God may be thoroughly equipped for every good work.”

* The Word of God disciplines us — corrects, trains, and equips.
* Discipline may feel unpleasant (Heb 12:11), but it produces maturity.
* Illustration: An athlete disciplines their body not for pain, but for the prize.

### ****Point 3: Holiness Begins with the Root, not Just the Fruit****

### ****One-liner:**** “Holiness is not forced fruit; it’s disciplined roots.”

### Romans 11:16 – “If the root is holy, so are the branches.”

* Discipline in holiness flows from the inside out. It’s not behaviour modification, but heart transformation.
* We cannot discipline ourselves into holiness without being rooted in Christ — discipline without grace becomes legalism.
* Illustration: A tree doesn’t force fruit; it stays rooted and nourished, and fruit grows naturally.

### ****Conclusion****

### Hebrews 12:14 – “Make every effort… without holiness no one will see the Lord.”

* Holiness is God’s calling, discipline is our response, and Christ is our root.
* It’s not perfection tomorrow, but progress today.